

TEACHER'S ACTIVITY REPORT 2019-20

DEPARTMENT: Mathematics

IQAC ACTIVITY No: SVC/MATH/2019-20/GVA1

NAME OF THE ACTIVITY: An attempt to discover self

DATE:	FACULTY	DEPARTEMNT	COORDINATOR NAME
All through the year (every Wednesday)		Mathematics	Ninian Nauneet Kujur Dr. Garima V Arora
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor
9.45 – 10.45 am	A3/ A4	7	Indoor
SUPPORT/ASSISTANCE:	NA		

BRIEF INFORMATION ABOUT THE ACTIVITY (CRITERION NO. - V):

TOPIC/SUBJECT OF THE ACTIVITY	An attempt to discover self
OBJECTIVES	This activity was started with the objective to bring more stability and meaning to one's life.
METHODOLOGY	One-to-one conversation with the students
OUTCOMES	At the end of the sessions, students were more clear with their aims and goals in life.

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

Notice & Letters	Student list of participation	Activity report	Photos ✓	Feedback form ✓
Feedback analysis	News clip with details	Certificate	Any other	

IQAC Document No:	Criterion No:	Metric No:
Departmental file no:	IQAC file No	

NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
Ninian Nauneet Kujur Dr. Garima V Arora	Ms. Pratibha Gaur	

For Reference

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

Proofs

An Attempt to Discover Self

Internal growth is the most important and nourishing life project which most of us usually put on the backseat. Taking this as a motivation, we started informal sessions with the final year students so as to invite them to delve deep within themselves to listen to their inner voice and to enable them to face challenges in their life ahead.

Though there was no fixed pattern, talking to the students, hearing their perspectives on different topics, helping them gain insight into intricacies of undiscovered aspects of life, sharing personal experiences and open-ended discussions was the approach we generally followed in our sessions.

To our delight, students gave an encouraging feedback of the sessions and said that it helped them grow in different life aspects.

Ninian Nauneef Kujur
Dr. Garima Virmani Arora

I'm thankful to NNK Sir and Garima Ma'am that they thought for their students and conducted these sessions as I feel that these kind of sessions are really important for today's generation. These sessions made me think more about the topics discussed in the sessions and inspired me not to pursue happiness but live a lifestyle that leads to real joy. It's been a great help. These sessions should definitely be continued for juniors .

-Shivani (Batch 2016-19)

The emotional intelligence lectures taken by NNK Sir and Garima Ma'am had been really beneficial for us. I firmly believe that along with academics these lectures should also be a part of our curriculum since it helps in development of our personalities too. Since the world outside the college feels like coming out of a cocoon and hence these lectures help you shape accordingly. I am really appreciative of the fact that our teachers have come up with something like this.

-Pahuldeep Singh (Batch 2016-19)

With the regular day-to-day hustle of our lives, we often tend to snub the most basic and primitive things. Like just sit back and relax and have a discussion about any random phrase that has the potential to be questioned. The lack of this does affect us all in many ways including which we don't even know about as life continues to nurture in its own nutshell. The initiative taken by NNK Sir and Garima Ma'am quite efficiently tackles the above said by giving us a space to not just put up one's points but to see through the numerous ways something can be looked at by listening to other's points as well. Once they both enter the room for this purpose, we don't see our teachers , just individuals like us ready to contemplate the various 'variables' surrounding us. We could get an overview of ourselves and our world in a short span of time. If by any chance juniors get to read this, I assure that only healthy debates happen that makes you question a lot and hence grow to be a slightly better version of oneself everytime. Thanks a lot for your time and efforts, NNK Sir and Garima Ma'am. It truly means a lot to all of us. You have provided us with enough inputs to keep going efficiently and equitably. Thank you.

-Greeshma M (Batch 2016-19)

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SRI VENKATESWARA COLLEGE
(University of Delhi)

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This is to certify that the Activity report (Teacher/Department /Society/Association) has been submitted for documentation to IQAC, Sri Venkateswara College, University of Delhi.

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